

Cigna Dental Health Connect™:

A unique dental care model designed to help you thrive.

Life is complicated. So sometimes a missed dental check-up, or not reaching out when you need support, isn't as simple as not wanting to. Sometimes it's not being able to find the time. Or forgetting to call. Or not knowing you can. At Cigna, we get it. And we're here to help.

Cigna Dental Health Connect embodies Cigna's innovative approach to helping customers get and stay healthy. Designed to provide proactive and personalized support that fits within your life and needs, our insights-driven dental solutions help provide more meaningful, more practical and more timely care and support. So taking care of your oral health – and your overall health – is easier and more affordable.

Because it's all connected, from your teeth to your toes.

90%
of all systemic diseases have oral symptoms.¹

Together, all the way.®



If you're living with a certain chronic condition like diabetes or heart disease, or if you are pregnant, the Cigna Dental Oral Health Integration Program^{®2} provides reimbursement for certain dental services to reduce the impact dental conditions like gum disease can have on your condition. So it's easier to manage your medical condition and avoid serious and costly health events.



If you have Cigna medical and dental coverage, have a diagnosis for a certain chronic health condition and have not seen a dentist in over seven months, we'll reach out and remind you to make an appointment, so you can stay on top of your preventive care and stay healthy.³

If offered by your employer, we can bring in-network dental care providers right to where you work, making getting a dental cleaning more convenient than ever.

We work together with dental providers through monitoring, coaching and safe prescribing protocols, helping to protect you and your family from misuse, addiction and overdose.

We're committed to getting you the extra support you need to improve your total health and well-being. Body and mind.

1. <https://www.colgateprofessional.com/education/patient-education/topics/systemic/why-a-healthy-mouth-is-good-for-your-body>

2. You must enroll in the program prior to receiving dental services to be eligible for reimbursement. Reimbursement is applied to and subject to any applicable calendar year maximum. See your plan documents for program details.

3. Program only available for pre-approved clients.

Product availability may vary by location and plan type and is subject to change. All group dental insurance policies and dental benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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